



## BLESSING BEFORE THE READING OF TORAH

The Torah is described as the Tree of Life, but only to those who hold onto it. It is not enough to look at it, we must embrace it. The more we study Torah, the more we are able to see the face of the Creator and the more we are able to get the most out of life. We say the following blessing before reading Torah.

Bar'chu et Adonai ham'vorach!

*Praise Hashem to Whom praise is due!*

Baruch Adonai ham'vorach

*Praised be Hashem to Whom praise is due,*

l'olam va-ed!

*now and forever!*

Baruch atah Adonai,

*Blessed are You Hashem,*

Eloheinu melech ha-olam,

*our Eternal One, Sovereign of the universe,*

asher bachar banu mikol ha-amim

*who has chosen us from all the peoples*

v'natan lanu et Torato.

*giving us this Teaching.*

Baruch atah Adonai,

*Blessed are You Hashem,*

notein ha-Torah.

*who gives the Torah.*

בְּרַכּוּ אֶת יְהוָה הַמְּבָרָךְ.

בְּרוּךְ יְהוָה הַמְּבָרָךְ

לְעוֹלָם וָעֶד.

בְּרוּךְ אַתָּה יְהוָה

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר בָּחַר בָּנוּ מִכָּל הָעַמִּים

וְנָתַן לָנוּ אֶת תּוֹרָתוֹ.

בְּרוּךְ אַתָּה יְהוָה,

נוֹתֵן הַתּוֹרָה.

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Baruch atah Adonai,

*Blessed are You Hashem,*

Eloheinu melech ha-olam,

*our Eternal One, Sovereign of the universe,*

asher natan lanu Torat emet,

*who has given us a Torah of truth,*

v'chayei olam nata b'tocheinu.

*implanting within us eternal life.*

Baruch atah Adonai,

*Blessed are You Hashem,*

notein ha-Torah.

*who gives the Torah.*

בְּרוּךְ אַתָּה יְהוָה

אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם,

אֲשֶׁר נָתַן לָנוּ תּוֹרַת אֱמֶת,

וַחַיֵּי עוֹלָם נָטַע בְּתוֹכֵנוּ.

בְּרוּךְ אַתָּה יְהוָה,

נוֹתֵן הַתּוֹרָה.