



זַיִן
Zayin

Pronunciation:	Z as in Zebra
Numerical Value:	שֶׁבַע <u>Sheva</u> (Seven), שְׁבִיעִי Sh'vi-i (Seventh)
Path (in Bereishit):	6. Elohim called the light day.
Group:	Elemental
Phonetic Family:	Dental
Meanings:	Weapon. Sword. As the seventh letter, Zayin represents Shabbat.
Application:	Remember Shabbat. Wield the sword that protects that which is precious.
Shadow:	Indolence. War & inappropriate aggression.
Reflection:	To honor what is truly important to me, is there anything that I need to cut out?
Suggested Action:	Observe and celebrate Shabbat in ways that are meaningful and restful.

The Creator made the letter Zayin sovereign over **Motion**, and bound a crown to it, and combined them one with another, and with them formed **Gemini** in the Universe, **Sivan** in the Year, and the **Left Foot** in the soul, male and female.
-Sefer Yetzirah

References for information in this handout: *Sefer Yetzirah, The Zohar, The Oracle of Kabbalah* by Richard Seidman.