



תּוּ

Tav

Pronunciation:	T as in Torah
Numerical Value:	אַרְבַּע מֵאוֹת Arba Me-ot (Four Hundred)
Path (in Bereishit):	32. Elohim saw all that He had made.
Group:	Doubles
Phonetic Family:	Lingual
Meanings:	Mark, seal, impression. Torah. Tefilah, prayer. Talmud. Tikun, repair or correction.
Application:	Acknowledge and reflect on the completion of a process or cycle. Offer prayers of grief or gratitude, or for guidance. Commit oneself to striving for tikun.
Shadow:	Ending situations or relationships prematurely. Conversely, clinging to situations or relationships beyond a healthy end point. Focusing excessively on the "broken" aspects of life.
Reflection:	What have I learned from a significant experience which recently came to a close? What blessings did I receive? What blessings did I give? Where do I go from here?
Suggested Action:	Complete a tangible act of tikun today. What can you uplift, repair, put right or redeem?

The Creator made the letter **Tav** sovereign over **Grace**, and bound a crown to it, and combined them one with another, and with them formed **Jupiter** in the Universe, **Shabbat** in the Year, and the **Mouth** in the soul, male and female.

References for information in this handout: Sefer Yetzirah, The Zohar, The Oracle of Kabbalah by Richard Seidman.