



שֵׁן \ שִׁין Shin/Sin

Pronunciation:	Sh as in Shalom/S as in Simchah
Numerical Value:	שְׁלֹשׁ מֵאוֹת Sh'losh Me-ot (Three Hundred)
Path (in Bereishit):	25. Elohim saw that it was good.
Group:	Mothers
Phonetic Family:	Dental
Meanings:	Fire. Shalom, peace, wholeness. Shadai, enoughness. Change. Simchah, joy.
Application:	Experience shalom even in the midst of change. Practice feeling satisfied, filled with "enough." Cultivate joy.
Shadow:	Consuming or being consumed by flames of anger, lust, jealousy, etc.
Reflection:	How might I experience the amount of joy I experience in my life?
Suggested Action:	Practice simchah by maintaining a smile on your face at various times during the day. Observe how this smile makes you feel and how it affects your interactions with others.

The Creator made the letter **Shin** sovereign over **Fire**, and bound a crown to it, and combined them one with another, and with them formed **Heaven** in the Universe, **Hot** in the Year, and the **Head** in the male with **שָׂאם** (ShAM) and the female with **שָׂמָא** (ShMA).

References for information in this handout: Sefer Yetzirah, The Zohar, The Oracle of Kabbalah by Richard Seidman.